

OVERNIGHT SHELTERS **Updated 8/1/2025**

Gateway West (Westside emergency shelter)

for adult individuals and couples (no families), up to 2 pets
Open 24/7 (3 meals/day); bus leaves from **6 to 8 am** to drop off
Pickups: **1st St NW @, Indian School**: 7 days/wk hourly pickups
from **3 to 8:00 pm**; **HopeWorks**, 1201 3rd St. NW (**3:15** pm M-F);
ABQ Healthcare for the Homeless, 1217 1st St. NW (**3:20** pm M-F)
First Nations, 5608 Zuni SE (on Palomas) (**6:00** pm 7 days/wk);
God's Warehouse, 8011 Central NE (**6:15** pm 7 days/wk),
--CPLC number at Gateway West is **839-9193**

gatewayservicescabq.com to refer a family or an individual
--Look at cabq.gov/homeless for most current shelter info

AOC Men's Shelter (Heading Home) (715 Candelaria NE)
--(no walk-ins) best time to call is **8 am**, 7 days/wk **344-4340**
Good Shepherd Center (men only) 218 Iron SW--check in **5-6** pm
Barrett House (24/7-women & children--boys <18) (no walk-ins)
--call **8 am - 5 pm** (waitlist) not DV – leave message **243-4887**
Joy Junction (mostly for families (1 or 2 parent) and women)
--4500 2nd St. SW (call first—you can call 24/7)**877-6967**

Youth Shelters (also see Drop-In Centers)

New Day Shelter, ages 11–17 (24 hrs 7 days/wk) **938-1060**
Amistad Shelter, (12–17) referral 24 hrs 7 days/wk **877-0371**
Casa Q (referrals for LGBTQ+ youth age 14-17) **872-2099**

Domestic Violence Shelters (call 24/7)

S.A.F.E. House (in Albuquerque) **247-4219**
Haven House (in Rio Rancho) **896-4869**
Valencia Shelter for DV (in Valencia County) **864-1383**

****CALL 311 for info about any City of ABQ services****

CABQ Health & Social Service Centers

Call a center near you for info and appointments if needed
for Food, Clothing, Diapers, Rent & Utility Assistance
Alamosa Center, 6900 Gonzales SW **836-8800**
Los Griegos Center, 1231 Candelaria NW **761-4050**
John Marshall Center, 1500 Walter SE **848-1345**
Ruth Adams Center, 7525 Zuni SE **767-5700**
Each center has on-site social services & health care agencies
Also, ABQ multigenerational centers and senior centers offer
free or low-cost meals for ages 50+ (free for seniors 60+)

Cell Phones (Lifeline programs + Google Voice)

No more free phones. If you have your own smart phone,
these companies have Lifeline programs: **Assurance Wireless**
offers free service or \$10/year for unlimited text/internet:
888-321-5880. Or try **Safelink (800-723-3546)**.
And you can set up a **Google Voice** phone number once you
have a gmail address. (See YouTube instruction videos)

Homeless Multi-Services Centers/Free Meals

Good Shepherd Center, 218 Iron SW **243-2527 x100**
Mon/Tues/Wed/Fr meal for all (**2-3pm**); **Sat** lunch: **11:30-12 pm**
Mail service for unhoused people (w/ID): **Mon-Fri, 2-3 pm**
Clothing (men only) **Mon/Tu/Wed/Fr 9-11am**
Overnight shelter (for men only) – check in **5-6 pm** (see “Housing”)
Medical respite (men only): must be referred by healthcare provider

Crossroads for Women walk in or call **9 to 5 M-F 242-1010**

806 Martin Luther King, Jr. NE (east side of Elm Street)
--program for women needing resources, peer case mgt, PSR

Albuquerque Healthcare for the Homeless (AHCH)

1217 1st St. NW (Hours: Mon/Tu/Th/Fri **8 am -4 pm**; Wed 8-12)
Medical Clinic & Behavioral Health Clinic (walk-in) **766-5197**
Dental Clinic (call or walk in for appointment) **242-8288**
Resource Center/case management (7:30 am - 4 pm walk-in)

First Nations Community Healthsource

Zuni Clinic (Medical+Dental), **5608 Zuni Road SE ...262-2481**
--**Homeless Outreach Program: M-F 8 am–6 pm; Sat 8 am–12**
--**All Nations Wellness & Healing Center**, 6416 Zuni SE
Mon to Fri: Breakfast (8:00 - 9:30 am); Lunch (12 - 1:30 pm)

HopeWorks **242-4399**

Day Shelter, 1201 3rd St. NW, open **Mon-Fri, 7 am – 3 pm**
Meal **10 am - 12 pm**; phone use, showers (**8 am – 12 pm**);
Clothing **8 am – 12 pm**; mail & long-term storage **12 - 2 pm**
Client advocate **8:30-11:30 am Mon/Wed/Fri**: help with IDs,
Medicaid, SNAP; referrals; housing & shelter navigation.

The Rock at Noon Day, 2400 2nd St. NW (north of I-40)

Hours: **Tues-Fri, 9am – 1pm**; Breakfast **9-9:30**, Lunch **12-12:30**;
Showers **9:00-10:30 am**; clothing **9–11 am**; Mail **9am–12:30pm**
Weekend meals only: Breakfast (**9 am**) offered only 2nd and
4th Saturdays; Lunch **@ 12 pm** every Saturday and Sunday

God's Warehouse, 8011 Central NE (on Tennessee)

Meals **Mon to Fri 3:30 pm** (til food runs out) & clothing **Tu/W/F**
Sat/Sun meal after church (**around 4 or 5 pm**)

Mexican Consulate, 1610 4th St NW **247-2147**

Medical, Mental Health and/or Substance Use

UNMH directory (hospital & clinics)**272-2111**
Casa de Salud, (MAT) (bilingual), 1608 Isleta SW **907-8311**
-- call or walk in—Integrative primary care, inc. alternative healing
Duke City Recovery Toolbox (MAT), 912 1st St. NW **224-9777**
First Choice (several medical clinics—see fcch.com) **768-5450**
First Nations Community Healthsource **262-2481**
--Zuni Clinic, 5608 Zuni SE, **M-F 8-7; Sat 8-12**
--Dental: **262-6547**; Homeless Outreach Program **8-6; Sat 8-12**
Oak Street Health - Medicare only, primary care **208-6984**
Sage Neuroscience Center (appt. required) (MAT) **884-1114**
Turning Point Recovery Center **217-1717**
--inpatient or outpatient treatment—call first; detox (may be wait list)
Turquoise Lodge (inpatient and outpatient) **841-8978**
VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**
--homeless or unstably housed veterans can call **256-2784**
or walk in at **Building 96, Mon-Fri 8:30 am - 3 pm**
Southwest CARE Center, call for appointment **780-4040 x3**
for Hep/HIV/PrEP/PEP (waitlist for primary care & gender affirming)
UNM Truman Health Services (HIV/Hepatitis C/Transgender care)
--801 Encino PI NE, #F (call first).....**272-1312**
UNM Psychiatric Center, 2600 Marble NE **272-2800**
UNM ASAP, 2600 Yale SE (ages 14+) walk-in or call **994-7999**
UNM Milagro Program (pregnant women with SUD) **463-8293**
Lovelace G.R.A.C.E. (pregnant women with SUD) **727-6238**
Planned Parenthood (women's health care) **265-9511 x1**
UNM CDD (Center for Development & Disability) **272-3000**
NM Brain Injury Resource Center (walk in or call) **292-7414**
--3150 Carlisle NE (Suite 208); or email: info@braininjurynm.org
M-F 9-12 & 1-4 pm; for support groups see BrainInjuryNM.org

Mental Health and/or Substance Use Services

(MAT is Medication-Assisted Treatment for addiction)
CARE Campus Detox for alcohol & other drugs (intake 24/7)
--5901 Zuni SE (first come, first served)-call or walk in **468-1555**
Community Lighthouse-family case mgt/CCSS, therapy **273-6300**
Courageous Transformations (MAT, wrap-around) **800-7092**
Full Circle Recovery – adults and adolescents **865-4140**
Haven Behavioral Hospital (co-occurring) (24/7 calls) **254-4502**
High Desert Healing (see hdhnm.com) **717-1332**
Hope Forward Therapy, case mgt, therapy, parenting **633-4107**
Ideal Option (MAT-Suboxone) – no wait list **877-522-1275**
Meridian Behavioral Health, therapy, CCSS, IOP **639-5916**
NM Harm Reduction Center (drop-in) Mon-Fri 10-2 **235-2847**
--204 Madeira Dr. NE-peer case management+ stigma free services
New Mexico Solutions–therapy, case management **268-0701**
Serna Solutions–outpatient addiction, family support **305-4949**
Serenity Mesa, youth 14-21 healingaddictionnm.org **877-3644**

AA: walk in at **1921 Alvarado NE** 7 days/wk/or call 24/7 **266-1900**
(Espanol 266-3688); **NA 800-798-6649**; **AI-Anon 262-2177**
SMART Secular Recovery in-person+online smartrecovery.org
Refuge Recovery (online) refugerecovery.org (Buddhist inspired)
NAMI Albuquerque, 256-0288 **NAMI New Mexico**, 260-0154

Legal Assistance

NM Legal Aid (civil matters) **M-F 9:30 am-4 pm 243-7871**
Public Defender, 505 Marquette NW (walk-ins) **369-3600**
Metro Court (ext. 1 for warrant status) **841-8151**
Outreach Court (homeless only--misdemeanors) **841-8142**

APD Evidence, **823-4600**, to claim possessions after discharge
from MDC (first call **768-2020** for APD case number)

Food Assistance

Roadrunner Food Bank (rrfb.org) or call **349-5340**
Storehouse, 106 Broadway SE (Wed/Fr/Sat 9-12) **842-6491**
Rio Grande Food Project-600 Coors NW W/F/Sat 9-11 831-3778
Meals on Wheels (sliding scale, no age requirement) **823-8060**
City of ABQ Dept. of Senior Affairs (age 60+) **764-6400**
Silver Horizons (age 50+ & any veteran) (food, bills) **884-3881**
St. Felix Pantry (in Rio Rancho), Thur to Sat 9 to 12 **891-8075**

Family Services

Childcare Finder: see nmececd.org, or call **800-832-1321 x1**
All Faiths – family wellness services + adoption **271-0329**
Centro Savila (3 locations) bilingual Spanish **312-7296**
Cuidando los Ninos (homeless child care + pre-K) ... **843-6899**
NM WIC (pregnant women&mothers) nmwic.org **866-867-3124**
Title I (APS program for homeless students)**256-8239 x0**
The Grief Center of NM (for ages 5 to adult) **323-0478**
NAPPR (all families) see nappr.org **345-6289**
Asian Family Center (for AAPINH - direct services) **717-2877**
La Plazita Institute, 831 Isleta Blvd. SW (M-F 9 - 5) **508-1802**
Pegasus Legal Services for Children **244-1101**
Kinship Guardianship; and legal services for youth up to age 25
PB&J Family Services see PBjfamilyservices.org **877-7060**
YDI (Youth Development, Inc.) – ydim.org/contact **352-3444**

Jobs/Job Training/Education -- for *Online Tutorials*, see
GCFglobal.org (computer, typing, math, reading, financial literacy)
America’s Job Center NM 501 Mountain NE **843-1900**
CNM (Student Services Ctr: 900 University Blvd. SE) **224-3000**
ABQ Adult Learning Center (inc. GED) (abqalc.org) **907-9957**
Goodwill, 5000 San Mateo NE (walk-ins welcome) **314-1816**

Gordon Bernell Charter School (ages 16+) also GED **916-8618**
TenderLove Community Center (appt only Tues-Fri) **349-1795**
Job Access (if qualify & no bus service for job site) ... **724-3623**

Drop-In Centers

ABQ Center for Hope & Recovery (ACHRnm.org)
913 2nd St. NW – peer led drop-in M-F, 9 am-4 pm **246-2247**
NM Reentry Center, 215 3rd St. SW **389-5458**
M-F 8am-4pm -- support services for any justice involved adult
Transgender Drop-in Center, walk in Mon/Wed/Fri, 1-6 pm
1515 4th St. NW (TGRCNM.org) – call Mon - Fri **200-9086**
New Day Youth Drop-In Center (ages 16-22) **503-7800**
142 Truman St. NE (north of Central) -- Tues-Fri 10 am - 5 pm
The Harbour (ages 14-21) Tues 4-10; Wed/Thur/Fri 2-10 pm
126 Gen. Chennault NE – nmdreamcenter.org/theharbour
--**Human trafficking hotline/NMDC**-call or text **505-504-1301**

Housing (HUD Subsidized/Tax Credit: resources.hud.gov)
AHA (Alb. Housing Authority) -- abqha.org **764-3920**
Bernalillo County Housing Dept.-- bermco.gov **314-0400**
Good Shepherd Center -- residential programs for homeless men
--ask at 218 Iron SW (Mon-Fri **2-3:30 pm**) **243-2527 x100**
--for 6 month recovery program, apply there Mon-Fri **9-11 am**
Oxford Houses (sober living) (men & women) **605-591-0993**
Salvation Army Men’s Rehab Program (call M-F 8-4) **242-3112**
Steelbridge residential programs (Bible-based, men and women)
--**214 Coal SW**, call **Mon-Fri 8 am-4 pm**, or walk in ... **346-4673**
VA Medical Center, 1501 San Pedro Dr. SE **265-1711 x0**
--homeless or unstably housed veterans can call **256-2784**
or walk in at **Building 96, Mon-Fri 8:30 am - 3 pm**
Veterans Integration Center (VIC) homeless veterans **296-0800**

Victims/Survivors/Overcomers of Violence

Family Advocacy Center (FAC) – any violence, inc. stalking
-- walk in M-F 8 am – 5 pm, **625 Silver SW** (2nd flr) **243-2333**
Domestic Violence Resource Center (in Family Advocacy Ctr)
(Calls are taken 24/7—walk-ins 8 am–5 pm) **248-3165**
National DV phone no. (24 hours) **800-799-7233**
Rape Crisis Center 24/7 hotline **266-7711**
--625 Silver SW (2nd floor-in Family Advocacy Center) **266-7711**
NM Sexual Assault Helpline 844-667-2457 (844-NMSAHLN)
StrongHearts Native Helpline (24/7) for Native women impacted
by DV, dating and sexual violence **844-762-8483**
NM human trafficking hotline 505-GET-FREE/505-438-3733
victims of trafficking can call or text (also is an info line)
Enlace Comunitario (DV- bilingual Spanish) **246-8972**
Casa Forteleza (sexual violence) (bilingual Spanish) **910-4031**
Arc of NM – victim advocates for sexual assault, DV **883-4630**
or crime victims w/intellectual or developmental disabilities

Other Crisis Hotlines/Helplines

Poison Center/Medication Info **800-222-1222**
988 Suicide and Crisis Lifeline call or text **988**
Veterans (x1 or text **838255**), en Espanol (x2)
NM Crisis & Access Line (NMCAL) call **855-662-7474**
--or: chat 988lifeline.org -- 24/7 counseling + treatment referrals
Human trafficking hotline (NMDC) call or text **505-504-1301**
NM Warmline (mental health peer support) **855-466-7100**
--call 7:00 am -11:30 pm; or text 6:00 pm – 11:00 pm 7days/week
Adult Abuse/Neglect Hotline **866-654-3219**
Child Abuse/Neglect Hotline (CYFD) **855-333-SAFE(7233)**
NMDOH Helpline: 833-796-8773 (833-SWNURSE)
ABQ Dept. of Senior Affairs info line **764-6400**
Aging & Disability Resource Ctr (NMAITSD) **800-432-2080**
Equality New Mexico (LGBTQ advocacy: eqnm.org) **224-2766**